



# A guided checklist

## Questions for home health caregivers

If you will be acting as a caregiver, these are some of the key questions to ask clinicians or other members of the care team. Not every question will be relevant to every case, but you can print out this checklist and add additional questions specific to your loved one.

**For more information, visit [ehab.com](https://ehab.com)**

**Checklist:****My notes:**

Plan of care		
<input type="radio"/>	What is the care team focusing on?	
<input type="radio"/>	Is the patient expected to make a full recovery?	
<input type="radio"/>	For how long will the patient need home health services?	
Scenario planning		
<input type="radio"/>	What specific symptoms or medical events will require emergency treatment via 911?	
<input type="radio"/>	What specific symptoms or medical events can be handled at home by a caregiver?	
<input type="radio"/>	What specific symptoms or changes in the patient should be reported to the care team, and how should that be handled (e.g., nurse's line, email, etc.)?	
Caregiver-administered patient care		
<input type="radio"/>	What medical procedures (injections, bandaging, etc.) might I have to perform?	
<input type="radio"/>	What are the specific steps involved in performing these procedures?	
<input type="radio"/>	What potential problems might occur while performing these procedures?	
Equipment and devices		
<input type="radio"/>	Will the patient be using any durable medical equipment (e.g., oxygen, CPAP, etc.)?	
<input type="radio"/>	What are the specific steps involved in using this equipment?	
<input type="radio"/>	What potential problems might occur while using this equipment?	
Medication management		
<input type="radio"/>	What medications have been prescribed for the patient?	
<input type="radio"/>	Do any of the medications have specific instructions we need to be aware of?	
<input type="radio"/>	What are the most common side effects of the medications?	

**Checklist:****My notes:****Diet and nutrition**

<input type="radio"/>	Must the patient adhere to special dietary guidelines?	
<input type="radio"/>	What specific foods and supplements are prohibited?	
<input type="radio"/>	What specific food and supplements are recommended?	

**Patient activity guidance**

<input type="radio"/>	What physical activities are prohibited for the patient?	
<input type="radio"/>	What physical activities are recommended for the patient?	
<input type="radio"/>	What special safety precautions should be put in place?	

**Communicating with the care team**

<input type="radio"/>	Who is the physician in charge of the patient's care while in home health?	
<input type="radio"/>	Who are the other members of the home health team?	
<input type="radio"/>	Who can I contact if I have questions or concerns after hours?	

**Caregiving guidance**

<input type="radio"/>	What can the caregiver do to enhance the patient's physical comfort?	
<input type="radio"/>	What can the caregiver do to enhance the patient's mental state?	
<input type="radio"/>	What can the caregiver do to enhance the patient's quality of life?	

**Additional questions:**


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