

Home health readiness assessment

This assessment will help you better understand the risk factors for patients receiving care at home — and will determine if home health may be able to help. Answer the questions below to learn more about the home health journey.

1. Have you or your loved one experienced any of the following recently?

- Joint replacement surgery on the hip, knee, shoulder, ankle, wrist or elbow
- Dizziness, trouble with balance or falls
- Serious infection or illness, including pneumonia or flu
- Difficulty swallowing or chewing
- Amputation
- Depression

While each of our patients is unique, many enter our care after one of these life events or signs. Your entire Enhabet home health team works together to help patients relieve symptoms, help self-manage conditions, avoid hospital readmissions, regain independence and improve quality of life.

2. Do any of these statements describe you or your loved one?

- It's difficult to leave home without crutches, a walker or a wheelchair.
- Your doctor believes your condition or health will worsen if you leave home.
- It's difficult to leave home and you do so very infrequently.

Medicare and most other insurers require patients to be homebound to receive home health services. To qualify, you must have significant difficulty leaving the house to receive care. Enhabet is a Medicare certified home health agency.

3. Have you or your loved one recently been diagnosed with one or more of the following conditions?

- High blood pressure
- Heart disease or heart failure
- Parkinson's disease
- COPD or other respiratory diseases
- Kidney disease

- Alzheimer's disease or dementia
- Diabetes
- Sepsis
- Stroke
- Cancer

Doctors can refer patients to Enhabet for many different types of chronic health conditions and diseases or following a surgical procedure. Your interdisciplinary team is made up of clinicians with the experience and skills to provide highly specialized care wherever a patient calls home.

4. In addition to medical care, do you or your loved one need help performing activities of daily living, including walking, dressing, bathing and/or using the restroom?

- Complete assistance needed
- Some assistance needed
- No assistance needed

An individual's ability to perform activities of daily living (ADLs) can be a factor in determining eligibility for government assistance. Your Enhabet team uses condition-specific evaluations to determine a patient's ability to live independently when assistance is needed in performing these lifestyle-based tasks. In-home interventions focus on mobility, fall prevention, home safety, gait training and assistive devices to promote independence and restore function.

5. Do you or your loved one forget to take medication, or become confused?

- Yes, more than once a month
- Yes, several times a year
- Yes, less than once each year
- Unsure

Medication management is a serious health risk among seniors. If you or a loved one have trouble keeping track of medication more than once a month, your doctor may prescribe home health to help monitor a plan of care to prevent any possible complications. Enhabet clinicians are specially trained to help patients effectively manage their medications to stay safe.

For more information about home health or hospice, visit ehab.com.

This assessment is provided for educational purposes and is not a substitute for conversations with your physician about your care options and goals.